

## **Successful Families**

Secret No 4

## In our family we have rules to keep us safe

## Who needs rules?

1. Why do families need rules?

What do you think would happen if there were no rules?

- ... on the roads
- ... at school
- ... in a game of sport
- ... in our family?

2. How can 'family rules' keep us safe?

Safe means

- not getting hurt or injured,
- not damaging something that is valuable or important to us,
- and not letting us get upset us or make us feel sad.

3. How can our family make our own 'family rules'?