



# The 10 Secrets

of great families



Helping my family become an even better family



**Hi kids**  
**Welcome to the program The 10 Secrets.**



## The 10 Secrets of Successful Families



is a program for families just like yours to help them become even happier and better families.

We say that families where everyone in the family feels happy and likes being together are 'successful' families. You might like to think of them as GREAT families.

Would you like your family to be a great family?

What makes a family a GREAT family?

## GREAT FAMILIES

know something special about  
how to get along together.

We're going to call these things 'secrets' because  
not everyone knows them.

Have you ever noticed that  
not all families are happy families?

Sometimes people don't get on well or there's lots of arguing.

If you'd like your family to not be like this,  
then you too can learn about the 10 secrets that  
great families know.

Just join in this program!





# The 10 Secrets Program

## What's it all about?

The 10 Secrets teaches us about the things that help families become great families and stay that way.

## What do we do?

Each week for the next 10 weeks the family learns a new 'secret'. They talk about it together and think about ways they can use it in their own family.

The family then plans a special *Family Activity* thinking about the new secret and keeps a *Family Scrapbook* about everything they're learning together.

## How will it help my family?

Having a GREAT family is one of the most important things in life.  
Great families love and support each other through good times and bad.  
Great families help create happy parents and happy kids!

## How will it help me?

Try it and find out for yourself !



## What will we do?

To make things easier for you and your family, this program comes with a number of ready-built tools to help you learn one secret every week and to make it part of your everyday family life.

These tools include

Kids e-Books, Kids Worksheets  
Secret Posters and  
Family Activity worksheets.



# Kids eBooks



The eBooks are like this one. If you are big enough you may like to read it on your own. Otherwise mum or dad may read it with you.

There is an eBook for every secret.



# The Secret Posters

Each 'secret' has its own poster. The posters help us think about the type of family we would like to be. Eg in our family we have fun together, in our family we are honest and play fair, in our family we support each other.

You may like to print them out and put them around your home or keep them in a Family Scrapbook.



# Kids Activities

Each secret also comes with some things you can think about and some things you can do to help the secret make sense. There are activities and worksheets for the kids to do, and perhaps later show share what they have done with the others in the family.

These worksheets can also be kept safely in the Family Scrapbook if you like.







## Family Activities

Did you know that the 'secret' only becomes powerful when your family begin to live it. So each week there will also be a family activity, just you help with this. In your Family Scrapbook you can keep a collection of memories from the fun things you do as a family in this program.





**We're glad you decided  
to begin this program**

**The 10 Secrets**